



"How to Survive"
First Year Orientation for
Clark University Graduate
Students

2006-2007 Academic Year

Brought to you by the Graduate
Student Council, Clark University.

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What you need to know BEFORE the school year starts:

Getting your Clark ID:

You need your Clark ID for just about everything (setting up your email account, borrowing books from the library, etc.) To do so, visit the ID office in the Geography building, go to <http://www.clarku.edu/offices/id/>, or call (508)793-7109.

Getting Paid:

In order to get paid for a TA or RA position (or any other University-funded position) you must go to the Payroll office to fill out your paper work. Expect to bring various forms of identification, depending on your citizen status. A license and a Social Security card are needed for US citizens. There is an option for direct deposit; however, you will need your bank routing number and account number to arrange this. Also note that if you want direct deposit and you receive a summer stipend, you must request this sum to be direct deposited, even if you have used direct deposit all year.

Classes and materials:

You will sign up for classes online, but *you must first have your advisor release the hold on your account*. In addition, if you have not returned the insurance form to Health Services identifying what type of insurance you will be using, you may have a hold on your account. You can view your holds by logging in to Web For Students (<https://www.clarku.edu/wfs/>).

The Clark Bookstore is located at 918 Main St.

People you need to know on campus:

Dean of Graduate Studies and Research

Dr. Nancy Budwig (nbudwig@clarku.edu)

Graduate School Coordinator

Denise Roberston (drobertson@clarku.edu)

GSC Officers:

Patrick Obrist	(pobrist@clarku.edu):	Co-President	(IDCE)
Justin Golub	(jgolub@clarku.edu):	Co-President	(Biology)
Bill Carlson	(wcarlson@clarku.edu):	Treasurer	(Economics)

Where to go in Worcester

(*Walking distance from Clark):

Best Places for Grocery/Food Shopping

Price Chopper Supermarket*	50 Cambridge St.
Big Y Supermarket*	100 Mayfield St.
The Artichoke Food Co-op*	800 Main St.
Trader Joe's	77 Boston Turnpike/Route 9
El Hayda's Mediterranean Market	408 Pleasant St.
Ha Tien Market (Asian)*	892 Main St.
Danco Market (East/West African)	195 Pleasant St.
Santiago's Market (Spanish/Puerto Rican)*	1000 Main St.
Worcester Indian Grocery	305 Shrewsbury
Tom's International Deli	118 Water St.
George's Mediterranean Bakery/Deli	308 Grafton St.
Living Earth (Natural Foods Market)*	232 Chandler St.

Good Restaurants

Ciao Bella	402 Grove St.
El Basha (Mediterranean)	424 Belmont / Park Ave.
The Boynton Pub	117 Highland St.
The Corner Grill (Good Wood Fired Pizza)	806 Pleasant St.
Living Earth (Veggie Lunch & Dinner)*	232 Chandler St.
Shiraz (Armenian)*	259 Park Ave.
Tatnuck Booksellers	335 Chandler St.
Thai Cha-Da*	266 Park Ave.
DaLat (Excellent Asian Food)*	425 Park Ave.
Sakura Tokyo (sushi)	640 Park Ave.
The Wonder Bar (authentic Italian)	121 Shrewsbury St.
The Armadillo Depot*	413a Park Ave.
Tortilla Sams	107 Highland St.
Weintraub's Jewish Deli (Kosher)	126 Water St.

Cool Diners

Anne's Clark Brunch*	934 Main St.
Ralph's Diner	95 Prescott St.
Miss Worcester	300 Southbridge St.
Kenmore	250 Franklin St.
Boulevard	155 Shrewsbury St.
Charlie's	15 Chestnut St.

Splurge

The Sole Proprietor Seafood and Spirits	118 Highland St.
One Eleven Chop House	111 Shrewsbury St.
Union Station the Restaurant	2 Washington Square
Flying Rhino (good beer and appetizers)	278 Shrewsbury St.

Good Coffee/Dessert/Ice Cream

Acoustic Java*	932a Main St.
Java Hut*	1073a Main St.
La La Java	731 Boston Turnpike/Route 9
Bean Counter	113 Highland St.
Café Dolce	154 Shrewsbury St.
George's Fruit Stand (ice-cream)	Next to Tatnuck on Chandler St.

The Bars Scene

The Blarney Stone*	79 Maywood St.
Mahoney's*	413 Park Ave
Irish Times	244 Main St.
Foo Bar*	433 Park Ave.
Wonder Bar	121 Shrewsbury St.
Vinny Testa's	7 Boston Turnpike/Route 9
Iguana Cantina	1658 Route 9
Jillian's	315 Grove St.
Club Red 1888	41 Pleasant St.

Good Places to Study

Marsh Library*	16 Claremont St.
UMASS Medical Center library	55 Lake Ave. N.
Worcester Public Library (http://www.worcpublic.org)	
Main Library	3 Salem Square
Holy Cross Library	1 College St.

Cool Places to bike or hike (More Information Available Online)

Boynton/Cascade Park
Elm Park
Purgatory Chasm
Broad Meadow Brook
Moore State Park
Rutland State Park
Green Hill Park (X-Country Skiing in Winter!)
Wachusett Mountain (Downhill Skiing in the Winter)
Barre Falls (18-hole Frisbee golf course, mountain biking, hiking, swimming)

Shopping Malls and Stores

The Auburn Mall	Route 12, Auburn (see bus route)
Solomon Pond Mall	290 E Exit , Marlboro
Greendale Mall	Route 12 N, Worcester
White City Plaza	Route 9 E, Worcester
Blackstone Shopping Center	JCT Route 146 & 122A

Movie Theaters

Cinema 320	Jefferson Hall Geography Building
Blackstone Valley 14 (Millbury)	JCT Route 146 & 122A,
Showcase North Cinemas	135 Brooks Street

Other Cool Places

Maurice the Pants Man	30 Millbury St.
Jelly's Disc's	246 Park Ave.
Wormtown Trader's	Highland St.
Old Sturbridge Village	Off Mass Pike at Sturbridge
Barney's Bicycle	165 Chandler St.
Carbonneau's Shoe & Bridal	315 Grafton St.
The Leicester DRIVE-IN	
Herbert's Candy Mansion	off of 290
Wednesday brown-bag jazz concerts	Mechanics Hall (downtown)
Worcester Farmers Market	Various Locations

Hidden Gems of Worcester

Worcester Art Museum-an impressive collection of priceless art, free on Saturday before noon. Student ID gives you discount. (Downtown)

Foothills Theatre- plays

Miraculous Creations-Tattoos and body piercing by the best artists

Wellness Works-A yoga and wellness center

Lucky Dog Music Hall-Live Music (rock/alternative/punk)

Tammany Hall- Live Music (Jam Bands)

Ralph's Diner- Live Music (punk/rock), plus alcohol and food

Tower Hill Botanic Garden- 11 French Drive, Boylston

For more information:

GSC website: <http://www.clarku.edu/students/gsc>

Best of Worcester (a poll from Worcester residents for Worcester magazine):
<http://www.worcestermag.com/archives/2006/04-27-06/index.html>

Social Web: (Local Event Listings) <http://www.socialweb.net/Places/>

9 ways to Discover Worcester:
<http://clarku.edu/discoverworcester/index.htm>

How to get there:

Consortium Shuttle (<http://www.cowc.org/shuttle.html>)

This is an intercampus transportation service and connects six Worcester university campuses: WPI, Becker, Assumption, Clark, Worcester State and Holy Cross, and the downtown area.

Clark Escort (508-793-7777)

Clark vans provide members of the Clark community with escort services from 5 p.m. to 4 a.m. during the academic year, within a quarter mile of campus.

Bus (<http://www.therta.com/schedules.htm>)

City buses travel on 90% of main roads in Worcester and to surrounding towns and sites outside of Worcester.

Cab Companies charge a base price plus money per mile. The Cab Companies

are:	Arrow Cab	50 Franklin St.	508-756-9000
	Red Cab	180 Prescott St.	508-792-9999
	Yellow Cab	90 Madison St.	508-754-3211

Train (<http://www.mbta.org>)

The train goes to Boston and all towns in between and leaves from Union Station.



The Graduate Student Council is a great way to meet graduate students while having a voice at Clark University. If you are interested in becoming part of the team, visit the website at:

<http://www.clarku.edu/students/gsc>

Having Fun in New England

First, check out what is happening on the Clark Campus.

- Free Jazz concerts by world class musicians, sponsored by the Relly Raffman Memorial Fund.
- President's Lecture Series, with speakers like Bob Woodward, Stuart Eizenstat and Edward Hirsch.
- Film Festivals.
- Department Lecture Series (visit another department to gain a new perspective).
- Athletic Facilities.
- GSC Parties and Happy Hours!
- For more ideas check out the *9 ways to Discover Worcester*:
<http://clarku.edu/discoverworchester/index.htm>

Graduate students are invited and welcome at almost every event (even if a advertisement happens to be oriented towards undergraduates). If you have any questions, ask your department secretary or your Graduate Student Council Representative.

Then check out the Worcester Art Museum (<http://www.worcesterart.org/>), on Salisbury Street, and activities at the Worcester Centrum (DCU Center).

The Armory Museum is also worth a visit. It is located at 100 Barber Ave., behind the Greendale Mall. For more information about its exciting collection can be found at <http://www.higgins.org>.

Boston is only an hour away!

Get there by bus, train, or private car. The train or bus will take you to South Station (Red line) or Back Bay (Green line), for access to the subway network connecting all of Boston. The red line connects South Station to downtown (Park Street), John F. Kennedy Library, M.I.T. (Kendall Sq.) and Harvard (Harvard Square). The Green Line is an old trolley system that serves Back Bay (Boston University, Symphony Hall, Museum of Fine Arts, Fenway Park, Boston College, Northeastern, etc). The Red and Green lines cross at Park Street, with free transfers. It is also possible to get to the airport and aquarium via the Blue Line. More information available at <http://www.mbta.com/>.

Check out the entertainment section of the Boston Globe, or try the web <http://www.boston.com/ae/> for information about concerts, theater, etc.

Professional Sports: Red Sox (Baseball), Patriots (Football), Celtics (Basketball), Bruins (Hockey), Revolution (Soccer). They all have web sites with schedule and ticket information.

(There are also the Tornados, Worcester's own minor league baseball team, and the 2005 CAN-AM Champions)

Museums: The Museum of Fine Arts, the Science Museum and the Gardner Museum are all worth a visit.

Barhopping – try Harvard Square, Copley Square, Lansdown Street (Fenway), Allston/Brighton (near Boston University), and Fanueil Hall Marketplace near Government Center.

Other - On a clear day, walk along the Esplanade, on the Boston side of the Charles River. Get up high, either the observation tower of the John Hancock building or the bar at the top of the Sheraton Boston hotel (both in Copley Square).

GRADUATE STUDENT HAPPY HOUR!

Join your fellow graduate students at an orientation celebration.

August 23, 2006 at 4 pm.

Lasry Bioscience Building

Maywood Street (Next to the Admissions House)

Money! (At Least Where to keep it)

Opening a checking/savings account:

BankNorth (<http://www.banknorth.com>) ATM located on campus in the University Center

Webster Five (<http://www.web5.com>)

Sovereign (<http://www.sovereignbank.com>)

Bank of America (<http://www.bankofamerica.com>) ATM Located in the University Bookstore.

Citizens Bank (<http://www.citizensbank.com/>)

All above banks have locations on Main Street and Park Avenue, as well as throughout Worcester.

The ATM in Store 24 (the corner of Main and Maywood) doesn't charge a fee for withdrawals, but your bank may.

Health Insurance

Clark offers a Student Accident and Sickness Insurance plan for \$948 a year. This includes health care through the on-campus health services.

Students may also choose to use health insurance through Fallon:

- *There is a partial subsidy of \$1,500 for resident Ph.D. students.
- Fallon Direct Care option, \$3,419.76 (or \$1,919.76 with the subsidy).
- Fallon Select Care option, \$3,796.80 (or \$2,296.80 with the subsidy).

Students who are receiving a Teaching Assistant or Research Assistant stipend through University payroll may choose to have Fallon HMO premium paid through payroll deduction. The necessary forms for signing up for payroll deduction are available from the Student Accounts Office, or the Graduate School office (contact Denise Robertson at drobertson@clarku.edu).

Please note that in the case of international students who are not on a University teaching assistant or research assistant stipend, we are required to withhold taxes on the \$1,100 subsidy, unless a relevant tax treaty is in place. If you are requesting an exemption from withholding based on an international tax treaty, you must complete tax form W8BEN. Copies of this tax form are available in the graduate school office. All students should note that scholarships are potentially taxable, depending on your individual situation.

International Students

1) Register with the International Students and Scholars Office (ISSO) in the University. This is extremely important given the current rules and regulations regarding immigration post 9/11. The ISO will give you further instructions about other formalities.

Contact person: Amy Daly (adaly@clarku.edu).

2) Register with Social Security Administration and get yourself a Social Security number (SS#). This is very important for students who are expecting to receive some sort of funding (teaching/research assistantship) from the university. The university cannot release your stipend without a SS # and thus it is very important that you get it before your first paycheck is due (normally

towards the middle of September). Apart from that, you will need your SS number for any other kind of government or financial transaction.

- 3) Hopefully you have already found yourself a place to stay.
Check out: (<http://www.clarku.edu/offices/housing/>) for campus housing, or many students put up notices there looking for roommates.
- 4) Depending on whether you are staying with other first-time international students or old-timers, you may or may not need to do this. But here is a brief listing of the utility providers (electricity, gas, telephone, cable, and internet service)

Providers:

- National Grid (Electricity) <http://www.nationalgridus.com/masselectric/>
 - NSTar (Gas) <http://www.nstaronline.com>
 - AT&T (Telephone/Long Distance) 1-866-346-1298.
 - Charter (Cable/Internet)
 - Verizon (Telephone/Internet)
- 5) Get your Clark ID. See Page 1, or ask your department secretary about it.
Check out: <http://www.clarku.edu/offices/id/>
Phone: 508.793.7109
 - 6) If you are receiving a stipend from the university, you will need to set up your Student Account with the Payroll Office. Fill out the necessary IRS forms and (these are optional):
Direct Deposit- (don't have to go to your bank to deposit your check every two weeks)
Salary (I don't need to tell you why this could be good idea)
Amount of taxes to withhold from your paychecks. Be sure to have enough withheld, or you will have to pay money from your own pocket at the end of the financial year to pay your income tax. Deducting from your paycheck normally reduces this financial burden and the Internal Revenue Service (IRS) will refund money if you have too much withheld.
 - 7) Opening a bank account might have to wait till you get your Social Security card. However, some banks will open accounts for Clark students even without a SS # (TD BankNorth for example), so this is always worth checking. There are a variety of options for banking - be informed though that all banks are privately owned in this country. There is one category of banks called Credit Unions that have lower fees and better rates of interest. (See

Page 8 for a list of banks with locations near Clark, or a complete listing of all banks in the Yellow pages of the Telephone Directory under 'Banking').

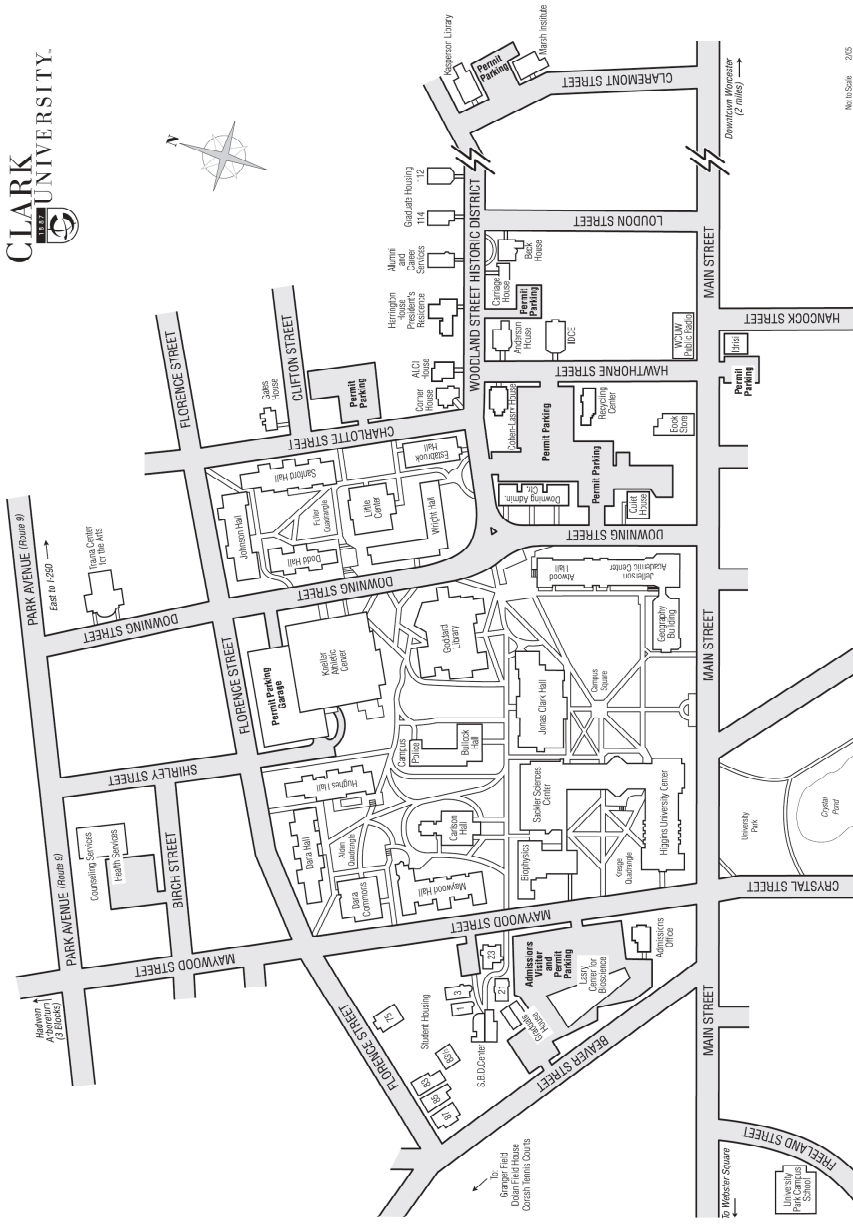
*Note that the ATM machine in the University Center is TD BankNorth.

8) Get yourself a Massachusetts State ID card. You have to go to the Registry of Motor Vehicles (RMV) office (611 Main St.) in Worcester (near the downtown area). For a small fee, the office will issue you a Massachusetts State ID, which is required to purchase alcohol or tobacco as well as enter a bar or discotheques (pretty much anywhere that has an age requirement). Most places in Massachusetts will accept a valid international passport, but carrying around your passport is a risky proposition. The RMV office is also the place where you get your driving license. Further information is available here:
<http://www.mass.gov/qrmv/worceste.shtm>.

9) You are all set! Go out and socialize with other Clark students! Attend events organized by various student bodies - GSC Happy Hours are a great place to meet people and make new friends (Every other Friday, 5PM, at Mahoney's. Watch For GradNet Electronic Newsletters)!! Best of luck!!

Booklet Organizers: Justin Golub, Patrick Obrist, & Bill Carlson

Printed on recycled paper with no chlorine bleaching used in the recycling process, because we care



Not to Scale 2015